Date Rape? Drugged? Sexual abuse may occur when victims take drugs, either deliberately or unknowingly.

Testing for the presence of drugs in the victim’s system is an important part of the medico-legal exam. This abbreviated table can help us recognize the possible drug used based on symptoms and how to test for each one.

<table>
<thead>
<tr>
<th>Toxidrome</th>
<th>Presentation</th>
<th>Causative Agents</th>
<th>Testing</th>
<th>Where to send</th>
<th>Price (Php)</th>
</tr>
</thead>
</table>
| Hallucinogenic  | Disorientation, hallucinations, visual illusions, panic reaction, moist skin, tachycardia, tachypnea hypertension | • Amphetamines  
• Marijuana  
• Cocaine  
• Phencyclidine (PCP)  
• LSD | Urine 60 mL (refrigerate; freeze if cannot test within 48 hours) | • UP Manila Pharma  
5264248  
• PNPChem  
7230401 loc 4366  
• NBI* Chem  
5238231 loc 5438 | 400 to 650 |
| Sedative/Hypnotic | Stupor, confusion, sedation, disinhibition | • Alcohol (Ethanol)  
• Barbiturates  
• Benzodiazepines (Rohypnol; flunitrazepam)  
• GHB (γOH-butyrate) | • Blood (for alcohol level only 10 mL in tube with anticoagulant)  
• Urine 60 mL | • PNP  
• NBI* | |
| Sympathomimetic | Delusions, paranoia, sweating, dilated pupils, anxiety, tachycardia, hypertension | • Cocaine  
• Amphetamines  
• Methamphetamine (Shabu, Ice, crack, speed, go)  
• MMDA (Methylenedioxyamphetamine) Ecstasy, M, Lovers’ Speed, XTC, M&M, MDM, E) | Urine 60 mL (refrigerate; freeze if cannot test within 48 hours) | • UP Manila Pharma  
• PNP  
• NBI* | 400 to 650 |
| Anticholinergic | Delirium, flushed skin, dilated pupils, urinary retention, memory loss, tachycardia  
*Hot as a Hare, Dry as a Bone, Red as a Beet, Blind as a Bat, Mad as a Hatter* | Scopolamine ("Talampunay") | None |  | |
| Opiate/Narcotic | Altered mental status, miosis, unresponsiveness shallow breathing, bradycardia, hypothermia, hypotension | Opiates (heroin, morphine) | Urine 60 mL (refrigerate; if cannot test within 48 hours) | PNP (can test morphine only) | 400 to 650 |

* As of 21 March 2003, NBI Chem Lab can only do confirmatory tests for methamphetamine and alcohol. Other drugs i.e. marijuana, MMDA, benzos undergo screening tests only.

[ROUNDTABLE DISCUSSIONS]

- April 30, 2003: Baguio City: “STI in CSA” With Dr. Ricardo Manalastas, OB-GYN Infectious Disease Specialist, UP-PGH; & Dr. Xenia Cathrine Fabay, Baguio General Hospital-WCPU
- POSTPONED; Date to be advised → Tropicana Hotel, Manila: "Understanding Boys: Victims & Offenders of Sexual Abuse” With Dr. Tilman Furniss, Head of Dept. of Child & Adolescent Psychiatry, University Hospital Muenster, Germany